

CLIMATE IMPACTS HEALTH

PROBLEM

- Climate change is harming our health now.
- Everyone is affected, but some people are more vulnerable.
- If we do nothing, these health threats will increase.

IMPACTS

Eight Impacts Four Categories:

- **Direct Impact**
 - Extreme Heat
 - Air Pollution
 - Extreme Weather
- **Spread Disease**
 - Insects & Vectors
 - Contaminated Water
 - Contaminated Food
- **Disrupt Food Supply**
 - Hunger & Malnutrition
- **Disrupt Well Being**
 - Emotional stress



H E A T W A V E

Heat illness

Exacerbate heart and lung conditions

Asthma

Traumatic injury

Water and foodborne illnesses

Allergies

Vector-borne disease

Emotional stress

SOLUTIONS

- Clean energy reduces harmful pollution and protects the climate.
- Active transportation: biking, walking & public transit promote healthier lifestyles.
- Eating less red meat is good for the planet and good for our health.